

JULY VIBRANT LIFE CALENDAR 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>THE PALMS at LA QUINTA Assisted Living and Memory Care</p>	<p>LOCATION AL Lobby (AL) Billiards Room (BR) Bistro (B) Bistro AL (BA) Chapel (C) Dining Room (DR) Meet In Lobby (MIL) Private Dining Room (PDR) Room to Room Cart (RTRC)</p>	<p>LOCATION Theatre (T) Vibrant Life Room (VLR)</p>	<p>ACTIVITY LEGEND Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well Food For Thought</p>			<p>9:30 ☕ Coffee and Chronicles (B) 10:00 ✨ Your Weekly Horoscope (B) 10:30 🏃 Morning Exercise (BA) 11:00 🍕 Dominos (B) 2:00 🧶 Knitting Club (BA) 3:00 🌮 Loteria Mexican Bingo (VLR) 4:00 🍷 Happy Hour (B) 6:00 🎭 After Dinner Matinee (T)</p>
<p>9:30 ☕ Coffee and Chronicles (B) 11:00 🏃 Morning Exercise (VLR) 11:30 ✨ Catholic Communion with St. Francis Church (C) 1:00 🧶 Bridge Club 2:00 🎲 Blackjack (VLR) 4:30 ✨ Sunday Worship with Church Unlimited (C) 6:00 🎭 After Dinner Matinee (T) 6:30 🗨 Table Topics (B)</p>	<p>9:30 ☕ Coffee and Chronicles (B) 10:00 🏃 Morning Exercise (VLR) 11:00 🏆 Balloon Tennis (VLR) 11:30 🏃 Walking for Wellness (AL) 1:00 🧶 Bridge Club (VLR) 2:00 🍷 Popsicle social with Bridge Home Health (RTRC) 3:00 🎲 Bingo #5 (VLR) 6:00 🎭 After Dinner Matinee (T) 7:30 🎆 4th of July Firework show at Fantasy Springs (MIL)</p>	<p>Happy 4th of July ☑️ Wear Red, white & blue 9:30 ☕ Coffee and Chronicles (B) 10:00 🏃 Morning Exercise (B) 11:00 🏃 Walking for Wellness (MIL) 12:00 🍽 Independence Day Family Lunch (DR) 1:00 🍕 Dominos (VLR) 2:00 🎵 4th of July Celebration Music with Tony Bolivar (VLR) 3:15 🎬 Movie Matinee- The Patriot (T) 6:00 🎭 After Dinner Matinee (T)</p>	<p>9:30 ☕ Coffee and Chronicles (B) 10:00 🏃 Walking for Wellness (MIL) 10:45 🍷 The Lunch Bunch - Olive Garden (MIL) 11:00 🍕 Dominos 1:00 🗳 Resident Council (DR) 2:00 🧶 Bridge Club (VLR) 3:00 🎲 Bingo (VLR) 4:00 🍷 Wine Wednesdays- Happy Hour (B) 6:00 🎭 After Dinner Matinee (T)</p>	<p>9:30 ☕ Coffee and Chronicles (B) 10:00 🏃 Morning Exercise (VLR) 11:00 🍌 Banana Grams (VLR) 1:30 🧶 Book Club (B) 2:00 ✨ New Resident Welcoming Social 3:00 🍺 Root Beer Float Social From Serenity Hospice (RTRC) 6:00 🎭 After Dinner Matinee (T) 6:00 🗨 Table Topics (B)</p>	<p>Shopping Destination- 99Cent Store in La Quinta (MIL) 9:30 ☕ Coffee and Chronicles (B) 10:00 🏃 Morning Exercise (VLR) 10:30 🎲 Blackjack with Edger (VLR) 1:00 ✨ Bible Study with Southwest Church (C) 1:00 🛒 Essential Shopping Trip (MIL) 2:00 🧠 Brain Games with Bob (BR) 3:30 ✨ Happy Hour with Ken Lewis (VLR) 6:00 🎭 After Dinner Matinee (T)</p>	<p>9:30 ☕ Coffee and Chronicles (B) 10:00 ✨ Morning Coffee and Chronicles (B) 10:30 🏃 Morning Exercise (BA) 11:00 🍕 Dominos (B) 1:00 🧶 Bridge Club 2:00 🎲 Bingo (VLR) 4:00 🍷 Happy Hour (B) 6:00 🎭 After Dinner Matinee (T) 6:00 🏃 Walking for Wellness (MIL)</p>
<p>9:30 ☕ Coffee and Chronicles (B) 11:00 🏃 Morning Exercise (VLR) 11:30 ✨ Catholic Communion with St. Francis Church (C) 1:00 🧶 Bridge Club 2:00 🍷 Happy Hour and Ole Guacamole Spanish Class (VLR) 4:30 ✨ Sunday Worship with Church Unlimited (C) 6:00 🎭 After Dinner Matinee (T) 6:00 🍕 Dominos</p>	<p>9:30 ☕ Coffee and Chronicles (B) 10:00 🏃 Morning Exercise (VLR) 11:00 🏆 Category kickball (BA) 11:30 🏃 Walking for Wellness (AL) 1:00 🧶 Bridge Club (VLR) 1:30 🎨 Art Therapy - Freestyle (VLR) 2:00 ✨ A Culture Week Activity- Baking Apple Pies (B) 3:00 🎲 Bingo #5 (VLR) 4:00 🌿 Gardening Club (B) 6:00 🎭 After Dinner Matinee (T)</p>	<p>9:30 ☕ Coffee and Chronicles (B) 10:00 🏃 Morning Exercise (B) 11:00 🏃 Walking for Wellness (MIL) 12:00 🍽 Ambassadors Private Luncheon (PDR) 1:00 🍕 Dominos (VLR) 2:00 🎲 Roland and his Trivia (VLR) 3:00 🍷 Food for Thought (Culinary Meeting) (B) 3:30 ✨ Ice Cream Social with David G for your entertainment (VLR) 6:00 🎭 After Dinner Matinee (T)</p>	<p>9:30 ☕ Coffee and Chronicles (B) 10:00 🏃 Walking for Wellness (MIL) 11:00 🍕 Dominos 1:00 🧶 Bridge Club (VLR) 2:00 ✨ A Culture Week Activity- Patriotic community wide costume contest (VLR) 3:00 🎲 Bingo #5 (VLR) 4:00 🍷 Wine Wednesdays- Happy Hour (B) 6:00 🎭 After Dinner Matinee (T)</p>	<p>9:30 ☕ Coffee and Chronicles (B) 10:00 🏃 Morning Exercise (VLR) 11:00 🗑 Gold Key Club Social with Joe on the Keys (MIL) 1:30 🧶 Book Club (B) 2:00 ✨ A Culture Week Activity- U.S.A Jeopardy Extravaganza (VLR) 3:00 🎲 Loteria Mexican Bingo (VLR) 6:00 🎭 After Dinner Matinee (T) 6:00 🗨 Table Topics (B)</p>	<p>Shopping Destination- Stater Bros 2:00 ✨ A Culture Week Activity- Capture the Flag (MIL) 9:30 ☕ Coffee and Chronicles (B) 10:00 🏃 Morning Exercise (VLR) 10:30 🎲 Blackjack with Edger (VLR) 1:00 ✨ Bible Study with Southwest Church (C) 1:00 🛒 Essential Shopping Trip (MIL) 3:30 ✨ A Culture Week Activity-Star Spangled Happy Hour With Ken Lewis (VLR) 6:00 🎭 After Dinner Matinee (T)</p>	<p>9:30 ☕ Coffee and Chronicles (B) 10:00 ✨ Your Weekly Horoscope (B) 10:30 🏃 Morning Exercise (BA) 11:00 🍕 Dominos (B) 1:00 🧶 Bridge Club 2:00 🧶 Knitting Club (BA) 4:00 🍷 Happy Hour (B) 6:00 🎭 After Dinner Matinee (T)</p>
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